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and white photographs,

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orthopedic tests of the  
shoulder; orthopedic tests  
of the elbow; orthopedic  
tests of the hip

**Orthopedic Physical  
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## **PHYSICAL . . .**

Procedure: Patient is seated with their leg flexed at the knee and hanging over a table. Therapist stabilizes the anterior surface of the tibia and fibula proximal to the ankle (with one hand)

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and ... 1. Test Anterior  
Fibers of the Deltoid  
Ligament: Therapist uses  
their other hand to grasp  
the dorsal ...

**Special Tests (A-Z) Special  
Testing for Head, Neck,**



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13 Orthopedic Tests For Hip  
And Pelvis Trendelenburg  
Sign. Trendelenburg's sign  
is named after Friedrich  
Trendelenburg who was a  
German surgeon. This sign  
is... Telescoping Sign.

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Examination  
Telescopic sign is observed during orthopedic test to asses dislocated hip. The patient is made to lie...  
Pelvic Rocking ...

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**Examination**  
PIVOT SHIFT TEST is a specific test for ACL deficient knee (ACL injury-acute and chronic). It is pathognomic for an ACL tear and is best demonstrated in the chronic setting when there is a chronic ACL tear.

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The pivot shift test goes from extension (tibia subluxed) to flexion, with the tibia reduced by the iliotibial band.

**Examination and Special  
Tests Of The Knee ...**

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Shoulder Orthopaedic Tests  
Shoulder Palpation Anterior  
Aspect Clavicle and  
Sternoclavicular and  
Acromioclavicular Joints  
Descriptive Anatomy The  
clavicle is slightly  
anterior and inferior to the

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top of the shoulder. The sternoclavicular joint, which attaches the clavicle to the sternum, lies at the medial end of the clavicle. The acromioclavicular joint, which is lateral, attaches the clavicle...

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## **Shoulder Orthopaedic Tests | Musculoskeletal Key**

In passive ROM tests, the therapist will hold the extremity and move it. The therapist may also hold the next joint steady to isolate

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the movement of the joint being tested. Special Tests: Flexibility Tests.

Flexibility tests are used to measure the range of motion in a joint and are often part of the physical examination.



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## **Special Tests: Physical Examination**

Orthopaedic Testing of SIJ.  
There have been several studies investigating the reliability of using multiple orthopaedic tests

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Examination compared to the 'gold standard' of nerve blocks, and several reviews which aim to synthesise studies of this nature to guide clinical practice. Van der Wurff et al (2006) used a regimen of five tests

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(Distraction, compression,  
thigh thrust, Gaenslens and  
Patricks).

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Note index is unreliable to test for FDS, here check pinch grip gets hyperextension of DIPJ, also flex & hold PIPJ at 90°,

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check DIPJ for contraction  
Examination  
Finkelsteins test - De  
Quervain's Make a fist with  
the thumb in the palm, Ulna  
deviate the wrist A positive  
test has pain over the  
abductor & EPB tendons

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**Examination of the Hand |  
Special Tests || Orthopaedic**

...

### 3. Equipment Requirements

The special tools required for the clinical examination of a patient with an orthopaedic complaint are

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Examination  
modest in character. Three  
are desirable: 1. A tape  
measure (preferably of the  
type used by tailors) for  
measuring a limb length and  
girth; 2.

## **Examination of Orthopedic**



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Orthopedic Special Tests for  
the Knee Anterior Drawer

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Bounce Home Test – meniscal  
or pathology Apley's  
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Test – ligamentous stability  
McMurray's Test – meniscal

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tear or pathology Noble  
Compression ...

**Common Knee Tests in  
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the shoulder than any other  
area of the body.

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