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The PelviPower® Training helps men in case of erectile dysfunction and weak potency. It stimulates blood flow in the genital area and leads to the normalisation of muscle tone in the pelvic floor. Also after prostate operations with incontinence complaints, the PelviPower® can achieve a significant improvement of the symptoms.

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demonstrates how to create a stronger body by toning the pelvic floor. Focusing on the biomechanics of the pelvic floor, which acts as a support for the inner organs and contains a passage for the urethra, the sex organs, and the rectum, this guide shows how the pelvic floor plays an ...

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### Pelvic Power for Men and Women - Eric Franklin - Häftad ...

Pelvic floor muscles are important for sexual function in both men and women; in men they support erectile function and ejaculation, in women they contribute to sexual sensation and arousal. Pelvic floor muscles work in harmony with your abdominal muscles and your back muscles to support the spine.