

## The Spectrum Of Consciousness Ken Wilber

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## The Spectrum Of Consciousness Ken Wilber

More specifically, the Spectrum of Consciousness is a pluri dimensional approach to man's identity; that is to say, each level of the Spectrum is marked by a different and easily recognized sense of individual identity, which ranges from the Supreme Identity of cosmic consciousness through several gradations or bands to the drastically narrowed sense of identity associated with egoic consciousness.

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## Ken Wilber ' s Four Dualisms of Consciousness

Ken Wilber's Integral Vision in the New Millennium, Paragone House, 2006, ISBN 1-55778-846-4; Donald Jay Rothberg, Sean M Kelly, Ken Wilber and the future of transpersonal inquiry: a spectrum of views 1996----- Ken Wilber in Dialogue: Conversations With Leading Transpersonal Thinkers, 1998, ISBN 0-8356-0766-6

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## Ken Wilber - Wikipedia

Buy Spectrum of Consciousness, The (Quest Books): Written by Ken Wilber, 1979 Edition, (2nd ed of 20th Anniversary e.) Publisher: Theosophical Pub.Ho., U.S [Paperback] by Ken Wilber (ISBN: 8601416698106) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Ken Wilber is known as one of the founders of "integral psychology" which refers to an attempt to formulate a theory of the psyche that incorporates ideas from both psychology and spirituality. Perhaps Wilber's most well-known model of human development, or "spectrum of consciousness" is rather simple, based as it is on three different levels: pre-personal, personal, and transpersonal.

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In *The Spectrum of Consciousness*, Ken Wilber extolled Krishnamurti as the incredible man whose discourses had been compared by Aldous Huxley to those of the Buddha. More realistically, Krishnamurti led thousands of people to believe that there was no "path," producing a breed of "eternal now" enthusiasts.

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KEN WILBER, UP FROM EDEN - citizenphilosophy.net

Yogis and mystics have written about it since time immemorial, and more recently also western psychoanalysts and psychologists like Carl Jung and Ken Wilbur 1. What do we learn from this literature? It tells us there is a vast spectrum of consciousness in a human being, spanning the subconscious mind through consciousness and all the way to the superconscious realm, most of which we don't understand.

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The spectrum of consciousness - Heartfulness Magazine

Wilber's groundbreaking synthesis of religion, philosophy, physics, and psychology started a revolution in transpersonal psychology. He was the first to suggest in a systematic way that the great psychological systems of the West could be integrated with the noble contemplative traditions of the East. *Spectrum of Consciousness*, first released by Quest in 1977, has been the prominent reference point for all subsequent attempts at integrating psychology and spirituality.

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